

# Compliance Assessment Tool (CAT) California Healthy Youth Act

## Notes for the Reviewer

- a) This is a fillable PDF version of the California Healthy Youth Act (CHYA) Curriculum Assessment Tool (CAT). Use this tool to assess the intended curriculum, supplemental materials, and other instructional materials used for the purpose of teaching sexual health education to students of a public high school or middle school (including charter schools) for alignment with CHYA requirements. There are components of CHYA that can only be met by a local education agency (LEA) as a result of their district-level support and planning. This tool can help guide curricular decision-making but does not replace LEA responsibility for understanding and analyzing material and support structures embedded in CHYA.
- b) For additional guidance on policies and practices for implementation of CHYA, please visit California Department of Education's [Comprehensive Sexual Health & HIV/AIDS Instruction](#) page, [California's Health Education Initiatives](#) page or [ASHWG's](#) website.
- c) In order to facilitate assessment of a curriculum's compliance, CHYA provisions are divided into sections based on the specific criterion that each provision addresses (column 1), with a reference to the Education Code. LEA responsibilities are also noted in column 1. The full language describing the requirement is also provided (column 2). Questions or details regarding specific aspects of the requirement or content of the curriculum/ instruction are provided to guide the reviewer in determining whether the criterion is met or not (column 3). Finally, a determination of compliance, as well as comments and recommendations for any future action or adaptation, is to be made based on this assessment (column 4).
- d) The Compliance Assessment column space is limited. To save space, note evidence of compliance or non-compliance by identifying the lesson and activity as such: *L#A#*. For example, to point out that evidence may be found in Lesson 1, Activity A Step 2 and Lesson 4 Activity B Step 3, you may simply write: *L1A2; L4B3*. Additional notes or evidence may be included in the "comments" section in column 4.
- e) Under the Determination and Recommendations column, identify whether the curriculum/material is deemed in compliance with a particular requirement and/or whether it requires an adaptation to meet requirement. Minor adaptations are usually modifications that can be made at the LEA level, such as adding a clarifying definition or including an additional contraceptive method. Major adaptations indicate that the criterion is not met and the changes needed to be in compliance are substantial, including removal of erroneous information, modification of thematic elements throughout a curriculum (such as heteronormative language), and/or complete absence of content on a major topic. These changes may be feasible at the LEA level. Missing components or erroneous sections may be addressed through use of vetted guest speakers, ideally, and/or additional approved content (by the curriculum publishers/authors or with use of separate curricular content). Use the comment section to add any other evidence of compliance or non-compliance, changes to be made, strengths or weaknesses, or any other findings.
- f) Depending on the way a curriculum is written, lessons may alternately be called sessions, sections or modules. Some CHYA requirements may be addressed in whole lessons or activities, while others may be evident in specific paragraphs or statements. List the lesson & activity or the section and page number, as you deem fit to efficiently direct another reviewer to such evidence.

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Agency:

Email:

## Part 1. CURRICULUM/ INSTRUCTIONAL MATERIAL

Published Curriculum

Other Instructional Materials and Supplements

Curriculum Title:

Title:

Edition/Version:

Printing (Year):

Source:

Intended Grade Level(s):

Author:

Intended Grade Level(s):

Other Information:

Criteria	Description	Compliance Assessment (List lessons that evidence compliance or non-compliance/conflict with CHYA requirements)	Determination and Recommendations Action/Curriculum adaptation needed to meet CHYA requirements.
<b>1. CA Education Code Requirements starting Jan. 2019, CA Healthy Youth Act</b>			
<b>Note:</b> Section A provides an overall description of the CA Healthy Youth Act and its purposes. We recommend completing the rest of the CAT before providing comments regarding alignment with the purposes of CHYA. Adherence to the purposes of CHYA may be determined by compliance with the provisions detailed in the succeeding sections.			
<b>Alignment with and Support of CHYA Purposes</b>	<b>All instruction and materials must align with and support the purposes of the California Healthy Youth Act. EC § 51933 (c)</b>	To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.	<b>Compliant:</b> <input checked="" type="checkbox"/> Needs minor adaptations: <input type="checkbox"/> Needs major adaptations: <input type="checkbox"/> Comments/Notes:
	All instruction and materials shall align with and support the purposes of this chapter as set forth in paragraphs (1) to (5), inclusive, of subdivision (b) of <b>Section 51930</b> and may not conflict with them.	To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning (a) adolescent growth and development, (b) body image, (c) gender, (d) sexual orientation, (e) relationships, (f) marriage, and (g) family.	<b>Compliant:</b> <input checked="" type="checkbox"/> Needs minor adaptations: <input type="checkbox"/> Needs major adaptations: <input type="checkbox"/> Comments/Notes:

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Alignment with and Support of CHYA Purposes		To promote the understanding of sexuality as a normal part of human development.	<b>Compliant:</b> <input checked="" type="checkbox"/> Needs minor adaptations: <input type="checkbox"/> Needs major adaptations: <input type="checkbox"/> Comments/Notes:
		To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.	<b>Compliant:</b> <input checked="" type="checkbox"/> Needs minor adaptations: <input type="checkbox"/> Needs major adaptations: <input type="checkbox"/> Comments/Notes:
		To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behavior.	<b>Compliant:</b> <input checked="" type="checkbox"/> Needs minor adaptations: <input type="checkbox"/> Needs major adaptations: <input type="checkbox"/> Comments/Notes:

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<b>B. Instruction and Materials</b>			
<b>1. Age Appropriate and Objective Material</b>	<b>Instruction and materials shall be age appropriate.</b> <b>EC § 51933(a)</b> "Age appropriate refers to topics, messages, and teaching methods suitable to particular ages or age groups of children and adolescents, based on developing cognitive, emotional, and behavioral capacity typical for the age or age group."  <b>EC § 51931(a)</b>	<ul style="list-style-type: none"> <li>• Intended Grade Level(s):</li> <li>• Intended Age Groups:</li> </ul> <p><b>Curriculum developed for youth is age appropriate:</b></p> <p><input type="checkbox"/> <b>Yes.</b></p> <p><input type="checkbox"/> <b>No.</b> List lessons/activities that are not age appropriate:</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
<b>2. Medically Accurate and Objective Information</b>	<b>All factual information presented shall be medically accurate and objective.</b> <b>EC § 51933(b).</b> "Medically accurate" means verified or supported by research conducted in compliance with scientific methods and published in peer-reviewed journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field such as the federal Centers for Disease Control and Prevention, the American Public Health Association, the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists."  <b>EC § 51931(f)</b>	<p>Factual information presented is medically accurate and objective.</p> <p><b>Does the curriculum use appropriate citations for all medical information?</b></p> <p><input type="checkbox"/> <b>Yes.</b></p> <p><input type="checkbox"/> <b>No.</b> List lessons/activities that provide conflicting messages/information, if any:</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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3. Appropriate for diverse pupils	<p>Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, and ethnic and cultural. backgrounds, pupils with disabilities and English Learners.</p> <p>EC § 51933(d)(1) <i>LEA Responsibility (partial)</i></p>	<p><input type="checkbox"/> Yes, curriculum is inclusive and appropriate for use with pupils of all:</p> <ul style="list-style-type: none"> <li><input type="radio"/> races</li> <li><input type="radio"/> genders</li> <li><input type="radio"/> sexual orientations</li> <li><input type="radio"/> ethnic and cultural backgrounds</li> </ul> <p>Note: The LEA has the responsibility to tailor materials to the needs of <b>students with disabilities and English learners</b>. This is not a requirement of the curriculum.</p>	<p><b>Compliant:</b> <input type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
4. English Learners	<p>Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code.</p> <p>EC § 51933(d)(2) <i>LEA Responsibility</i></p>	<p>LEA Responsibility, however, if curriculum, materials and supplements are accessible to English learners, check the box below. Otherwise, leave blank.</p> <p><input type="checkbox"/> Yes, curriculum, materials and supplements are accessible for English Learners whose primary language is:</p>	<p><b>Compliant:</b> <input type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
5. Youth with Disabilities	<p>Instruction and materials shall be accessible to pupils with disabilities, including, but not limited to, the provision of a modified curriculum, materials and instruction in alternative formats, and auxiliary aides.</p> <p>EC § 51933(d)(3) <i>LEA Responsibility</i></p>	<p>This is the responsibility of the LEA. If the curriculum, materials and supplements are appropriate for and accessible to pupils with disabilities, check the box below. Otherwise, leave blank.</p> <p><input type="checkbox"/> Yes, curriculum, materials and supplements are appropriate for and accessible to youth with disabilities.</p>	<p><b>Compliant:</b> <input type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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6. Unbiased Instruction	<p>Instruction and materials shall not reflect or promote bias against any person on the basis of any category protected by Section 220.</p> <p>EC § 51933 (d)(4)</p> <p>No person shall be subjected to discrimination on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any other characteristic that is contained in the definition of hate crimes set forth in Section 422.55 of the Penal Code in any program or activity conducted by an educational institution that receives, or benefits from, state financial assistance or enrolls pupils who receive state student financial aid.</p> <p>EC § 51933 (d)(4)</p>	<p>Instruction and materials do not reflect bias or present conflicting information or messages that could promote bias against any person on the basis of the criteria.</p> <p><input checked="" type="checkbox"/> Yes. Curriculum is <i>free from bias</i> for all categories below:</p> <ul style="list-style-type: none"> <li><input type="radio"/> disability</li> <li><input type="radio"/> gender</li> <li><input type="radio"/> gender identity</li> <li><input type="radio"/> gender expression</li> <li><input type="radio"/> nationality</li> <li><input type="radio"/> race or ethnicity</li> <li><input type="radio"/> religion</li> <li><input type="radio"/> sexual orientation</li> </ul> <p>List specific lessons/activities where conflicting messages/information or bias appears against any person on the basis of any criteria above:</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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7. Sexual Orientation	<p>Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussion or providing examples of relationships and couples, shall be inclusive of same-sex relationships.</p> <p>EC § 51933 (d)(5)</p>	<p>Includes definitions and affirmative language that acknowledges sexual diversity as normal and healthy.</p> <p><input type="checkbox"/> Yes. List lessons/activities:</p> <p><input type="checkbox"/> No.</p> <p>Includes relationship examples that are distinctly between people of the same gender, cannot only include gender neutral couple names.</p> <p><input type="checkbox"/> Yes. List lessons/activities:</p> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
8. Gender	<p>Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes.</p> <p>EC § 51933(d)(6)</p>	<p>Teaches about gender, gender expression, gender identity, and explores the harm of negative gender stereotypes.</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> gender</li> <li><input type="radio"/> gender expression</li> <li><input type="radio"/> gender identity</li> <li><input type="radio"/> harm of negative gender stereotypes</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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9. Adolescent Development and Body Image	<p>To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.</p> <p>EC § 51930(b)(2)</p>	<p>Teaches and promotes healthy attitudes about adolescent development and body image. Content should not promote shame or stigma related to this content. Avoidance of relevant content (i.e., menstruation) promotes shame and stigma.</p> <ul style="list-style-type: none"> <li>• Adolescent development may include puberty in middle school and mention of continued development for older age groups.</li> <li>• Body image may include media literacy, eating disorders, gender expectations related to appearance, etc.</li> </ul> <p><input type="checkbox"/> Yes. List lessons/activities:</p> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
10. Inclusion of Communication with Parents, Guardians, Trusted Adults	<p>Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so.</p> <p>EC § 51933(e)</p>	<p>Encourages communication with parents, guardians or other trusted adults about human sexuality and provides the knowledge and skills to do so.</p> <ul style="list-style-type: none"> <li>• Knowledge and skills include practice phrases, opportunities for in-class practice, and/or homework assignments to speak with trusted adults.</li> </ul> <p><input type="checkbox"/> Yes. List lessons/activities:</p> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>



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11. Committed Relationships	<p>Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage.</p> <p>EC § 51933(f)</p>	<p>Teaches the value and prepares pupils to have and maintain committed relationships, such as marriage.</p> <p><input type="checkbox"/> Yes. List lessons/activities:</p> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
12. Healthy Relationships	<p>Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.</p> <p>EC § 51933(g)</p>	<p>Provides <i>knowledge and skills</i> to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.</p> <ul style="list-style-type: none"> <li>Knowledge and skills include practice phrases, opportunities for in-class practice, and/or homework assignments to speak with trusted adults.</li> </ul> <p><input type="checkbox"/> Yes. List lessons/activities:</p> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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13. Healthy Decision Making	<p>Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities.</p> <p>EC § 51933(h)</p>	<p>Provides <i>knowledge and skills</i> for making and implementing healthy decisions about sexuality. Should include negotiation skills in addition to refusal skills. Scenarios and activities should include harm reduction and nuanced social situations, not only refusal skills.</p> <ul style="list-style-type: none"> <li>• Knowledge and skills include practice phrases, opportunities for in-class practice, and/or homework assignments to speak with trusted adults.</li> </ul> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Negotiation to assist pupils in overcoming peer pressure</li> <li><input type="radio"/> Refusal skills to assist pupils in overcoming peer pressure</li> <li><input type="radio"/> Effective decision-making skills to avoid high-risk activities</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
14. Religious Doctrine	<p>Instruction and materials may not teach or promote religious doctrine.</p> <p>EC § 51933 (i)</p>	<p><input type="checkbox"/> Does not promote religion/religious doctrine.</p> <p><input type="checkbox"/> Promotes religion/religious doctrine. List lessons/activities:</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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15. Nature of HIV and other STIs	Information on the nature of HIV, as well as other sexually transmitted infections, and their effects on the human body.  EC § 51934 (a)(1)	Provides information on the nature of HIV and its effects on the human body.  <input type="checkbox"/> Yes. List lessons/activities:  <input type="checkbox"/> No.	<b>Compliant:</b> <input checked="" type="checkbox"/> Needs minor adaptations: <input type="checkbox"/> Needs major adaptations: <input type="checkbox"/> Comments/Notes:
		Provides information on the nature of other STIs and their effects on the human body.  <input type="checkbox"/> Yes, includes the following STIs: <ul style="list-style-type: none"> <li><input type="radio"/> Chlamydia</li> <li><input type="radio"/> Gonorrhea</li> <li><input type="radio"/> Genital/Oral herpes</li> <li><input type="radio"/> HPV</li> <li><input type="radio"/> Syphilis</li> <li><input type="radio"/> Hepatitis C</li> <li><input type="radio"/> Others:</li> </ul> List lessons/activities:  <input type="checkbox"/> No. Either missing information altogether or information is limited.	Compliant: <input type="checkbox"/> <b>Needs minor adaptations:</b> <input checked="" type="checkbox"/> Needs major adaptations: <input type="checkbox"/> Comments/Notes:

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16. Transmission of HIV and other STIs	<p>Information on the manner in which HIV and other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use.</p> <p>EC § 51934 (a)(2)</p>	<p>Provides information regarding the transmission of HIV and relative risk of infection according to the behaviors. (<i>STIs assessed in following section.</i>)</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Vaginal sex transmission</li> <li><input type="radio"/> Oral sex transmission (low risk)</li> <li><input type="radio"/> Anal sex transmission (highest risk)</li> <li><input type="radio"/> Breastfeeding transmission</li> <li><input type="radio"/> Pregnant parent-to-child transmission</li> <li><input type="radio"/> Injection drug use</li> <li><input type="radio"/> How HIV is <u>not</u> transmitted (e.g. mosquitos, kissing, holding hands.)</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
17. Transmission of other STIs	<p>Information on the manner in which other STIs are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use.</p> <p>EC § 51934 (a)(2)</p>	<p>Provides information regarding the transmission of STIs other than HIV.</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Vaginal sex transmission</li> <li><input type="radio"/> Oral sex transmission</li> <li><input type="radio"/> Anal sex transmission</li> <li><input type="radio"/> Skin-to-skin contact</li> <li><input type="radio"/> Pregnant parent-to-child transmission</li> <li><input type="radio"/> Injection drug use</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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18. Abstinence from Sexual Activity and Drug Use	<p>Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. Instruction shall provide information about the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy.</p> <p>EC § 51934(a)(3)</p>	<p>Provides information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs.</p> <p><input type="checkbox"/> Yes, defines abstinence to include abstaining from: (List activities below)</p> <ul style="list-style-type: none"> <li><input checked="" type="radio"/> Sexual activity to prevent HIV and STIs</li> <li><input type="radio"/> Nude genital-to-genital rubbing to prevent STIs</li> <li><input checked="" type="radio"/> Vaginal intercourse to prevent unintended pregnancy</li> <li><input checked="" type="radio"/> Injection drug use to prevent HIV and STIs</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
		<p>Provides medically accurate information on prevention methods (condoms, contraception).</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Other HIV prevention methods</li> <li><input type="radio"/> Other STI prevention methods</li> <li><input type="radio"/> Other pregnancy prevention methods</li> </ul> <p>Provides information on the value of delaying sexual activity.</p> <p><input type="checkbox"/> Yes. List lessons/activities:</p> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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19. Methods of Protection, HIV and STIs	<p>Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the federal Centers for Disease Control and Prevention.</p> <p>EC § 51934 (a)(4)</p>	<p>Provides information about the effectiveness and safety of the FDA approved antiretroviral medical intervention consistent with the U.S. Centers for Disease Control and Prevention.</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Pre-exposure prophylaxis (PrEP)</li> <li><input type="radio"/> Post-exposure prophylaxis (PEP)</li> </ul> <p><input type="checkbox"/> No.</p> <p>Provides information about the effectiveness and safety of the FDA approved methods that prevent or reduce the risk of contracting HIV and other STIs.</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Internal and external condoms – to reduce risk of HIV and STIs</li> <li><input type="radio"/> HPV vaccine</li> <li><input type="radio"/> Hepatitis B vaccine</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
20. HIV Risk Reduction	<p>Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing.</p> <p>EC § 51934 (a)(5)</p>	<p>Provides information about the effectiveness and safety of reducing HIV transmission by decreasing needle use and needle sharing.</p> <p><input type="checkbox"/> Yes. List lessons/activities:</p> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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21. Treatment of HIV and STIs	<p>Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.</p> <p>EC § 51934 (a)(6)</p>	<p>Provides information about treatment STIs, which could also reduce the risk of HIV transmission.</p> <p><input type="checkbox"/> Yes. List lessons/activities:</p> <p><input type="checkbox"/> No.</p>	<p>Compliant: <input type="checkbox"/></p> <p><b>Needs minor adaptations: <input type="checkbox"/></b></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
		<p>Provides information how antiretroviral therapy (ART) can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> ART prolongs life of HIV-positive people:</li> <li><input type="radio"/> ART use can eliminate HIV transmission if used correctly by HIV-positive people (treatment as prevention [TasP], undetectable equals untransmittable):</li> <li><input type="radio"/> Use of PrEP and PEP specifically to prevent transmission:</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant: <input type="checkbox"/></b></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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22. Social Views About HIV and AIDS	<p>Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV- positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV- positive is to get tested.</p> <p>EC § 51934 (a)(7)</p>	<p>Provides opportunities for discussion on social views and addresses myths and stereotypes about HIV and AIDS, and people living with HIV.</p> <p><input type="checkbox"/> Yes. List specific lessons/activities.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Unfounded stereotypes and myths about HIV, AIDS, and people living with HIV.</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
		<p>Emphasizes the following required CHYA instruction:</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input checked="" type="radio"/> That successfully treated HIV-positive individuals have a normal life expectancy:</li> <li><input type="radio"/> All people are at risk for contracting HIV:</li> <li><input checked="" type="radio"/> The only way to know if someone has HIV is to get tested:</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>



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<p>23. Resources and Rights to Sexual and Reproductive Health Care Access</p>	<p>Information about local resources, how to access local resources, and pupils' legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence.</p> <p>EC § 51934 (a)(8)</p> <p><i>LEA Responsibility</i></p>	<p>Provides information about local resources, how to access local resources, and youth's legal rights to access local resources for sexual and reproductive health.</p> <p><input type="checkbox"/> Yes, List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input checked="" type="radio"/> Pupils legal rights to access local resources for sexual and reproductive health care:</li> <li><input checked="" type="radio"/> Minor consent for sexual health services:</li> <li><input type="radio"/> How to access sexual and reproductive health care services:</li> </ul> <p><input type="checkbox"/> No.</p> <p><b>These are the responsibility of the LEA.</b> Check box if included in curriculum. If not, leave blank. Add notes below as necessary.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Local resources - pregnancy prevention and care:</li> <li><input type="radio"/> Local resources - Testing and treatment for HIV and other STIs:</li> <li><input type="radio"/> Local resources - Assistance for sexual assault and intimate partner violence:</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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<p>24. FDA-Approved Contraceptive Methods</p>	<p>Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.</p> <p>EC § 51934(a)(9)</p>	<p>Provides information on all FDA-approved contraceptive methods:</p> <p><input type="checkbox"/> <b>Yes.</b> List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Sterilization Surgery</li> <li><input type="radio"/> Implantable Rod</li> <li><input type="radio"/> Intrauterine Devices (IUDs) [Hormonal/Copper]</li> <li><input type="radio"/> Injection/The Shot</li> <li><input type="radio"/> Oral Contraceptives (Combined, Mini, Extended/Continuous Use)</li> <li><input type="radio"/> Contraceptive Patch</li> <li><input type="radio"/> Vaginal Contraceptive Ring</li> <li><input type="radio"/> External/Male Condom</li> <li><input type="radio"/> Internal/Female Condom</li> <li><input type="radio"/> Spermicides</li> <li><input type="radio"/> Other barrier/combination methods (diaphragm, cervical cap, etc.)</li> <li><input type="radio"/> Emergency Contraception (Plan B, ella, Copper IUD)</li> <li><input type="radio"/> Withdrawal (not necessary but often included in the context of the difficulty to use effectively, and the risk for STIs/HIV)</li> </ul> <p><input type="checkbox"/> <b>No.</b></p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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25. Legally Available Pregnancy Outcomes	<p>Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to, all the following:</p> <p>(A) Parenting, adoption and abortion            (B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger, pursuant to Section 1255.7 of the Health and Safety Code and Section 271.5 of the Penal Code            (C) The importance of pre-natal care</p> <p>EC § 51934(a)(9)(A)(B)(C)</p>	<p>Includes instructional method that leads to an objective discussion on all the following legally available pregnancy outcomes.</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Parenting</li> <li><input type="radio"/> Adoption</li> <li><input type="radio"/> Abortion</li> <li><input type="radio"/> Baby Safe Surrender</li> <li><input type="radio"/> Importance of pre-natal care</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
26. Harassment, Abuse, Violence and Trafficking	<p>Information about sexual harassment, sexual assault, sexual abuse, and human trafficking. Information on human trafficking shall include both of the following:</p> <p>(A) Information on the prevalence, nature, and strategies to reduce the risk of human trafficking, techniques to set healthy boundaries, and how to safely seek assistance.            (B) Information on how social media and mobile device applications are used for human trafficking.</p> <p>EC § 51934 (a)(10)(A)(B)</p>	<p>Provides information about sexual harassment, sexual assault, sexual abuse, and human trafficking.</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Sexual harassment</li> <li><input type="radio"/> Sexual assault</li> <li><input type="radio"/> Sexual abuse</li> <li><input type="radio"/> Human trafficking (HT) - prevalence</li> <li><input type="radio"/> HT - strategies to reduce risk</li> <li><input type="radio"/> HT - healthy/unhealthy relationships</li> <li><input type="radio"/> HT - seeking assistance/resources</li> <li><input type="radio"/> HT - social media/mobile device warnings</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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27. Adolescent Relationship Abuse and Intimate Partner Violence	<p>Information about adolescent relationship abuse and intimate partner violence, including the early warning signs thereof.</p> <p>EC § 51934 (a)(11)</p>	<p>Provides information about adolescent relationship abuse and intimate partner violence, including the early warning signs thereof.</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> Adolescent relationship abuse</li> <li><input type="radio"/> Intimate partner violence (IPV)</li> <li><input type="radio"/> Early warning signs of relationship abuse and IPV</li> </ul> <p><input type="checkbox"/> No.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
<b>Optional Content</b>			
28. Sharing Sexually Explicit Content and Material via Social Media/ Internet	<p>A school district may provide optional instruction, as part of comprehensive sexual health education and HIV prevention education, regarding the potential risks and consequences of creating and sharing sexually suggestive or sexually explicit materials through cellular telephones, social networking Internet Web sites, computer networks, or other digital media.</p> <p>EC § 51934 (b)</p>	<p>Provides instruction regarding the potential risks and consequences of creating and sharing sexually suggestive or sexually explicit materials through cellular telephones, social networking Internet Web sites, computer networks, or other digital media.</p> <p><input type="checkbox"/> Yes. List lessons/activities:</p>	<p><b>OPTIONAL</b></p> <p>Included?</p> <p><input checked="" type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p> <p>Comments:</p>

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29. Comprehensive Sexual Health Education or HIV Prevention Education Prior to Grade 7	<p>A school district may provide comprehensive sexual health education or HIV prevention education consisting of age-appropriate instruction earlier than grade 7 using instructors trained in the appropriate courses. A school district that elects to offer comprehensive sexual health education or HIV prevention education earlier than grade 7 may provide age appropriate and medically accurate information on any of the general topics contained in paragraphs (1) to (11), inclusive, of subdivision (a).</p> <p>EC § 51934 (c)</p>	<p>Provides comprehensive sexual health education or HIV prevention education consisting of age-appropriate instruction earlier than grade 7 using instructors trained in the appropriate courses.</p> <p><input type="checkbox"/> Yes. List lessons/activities:</p>	<p><b>OPTIONAL</b></p> <p>Are materials available earlier than grade 7?</p> <p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Comments:</p>
Additional CA Education Code requirements that allow for implementation of the CA Healthy Youth Act			
30. Right to Obtain Confidential Services	<p>The governing board of each school district shall, each academic year, "notify pupils in grades 7-12 inclusive and the parents and guardians of all pupils enrolled in the district, that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil's parent or guardian."</p> <p>EC § 46010.1 [Also refer to Row#23, EC § 51934 (a)(8)] <i>LEA Responsibility</i></p>	<p>Provides information for parents of the right for the pupil to be excused from school to obtain confidential services without parent/guardian consent or notification.</p> <p><input type="checkbox"/> Yes. Included in parent/guardian materials.</p>	<p><b>Compliant:</b> <input type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

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31. Resources and Rights for LGBTQ pupils	<p>Information on existing school site and community resources related to the support of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) pupils must be provided</p> <p>EC § 234.1(d) [Also refer to Row#23, EC § 51934 (a)(8)] <i>LEA Responsibility</i></p>	<p>Provides information about local resources, how to access local resources, and youth's legal rights to access local resources that support LGBTQ pupils and their families.</p> <p><input type="checkbox"/> Yes. List lessons/activities below.</p> <ul style="list-style-type: none"> <li><input type="radio"/> School site LGBTQ resources</li> <li><input type="radio"/> Community LGBTQ resources</li> </ul>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>
32. Affirmative Consent	<p>Comprehensive information for grades 9-12, inclusive, on sexual harassment and violence that includes but is not limited to all of the following: a discussion of the affirmative consent standard, as defined in paragraph (1) of subdivision (a) of Section 67386.</p> <p>EC § 33544(a)(2) [Also refer to Row# 12, EC § 51933(g)] <i>Required only if a health education course is a graduation requirement.</i></p>	<p>Provides knowledge of the affirmative consent standard and skills needed to establish boundaries in peer and dating relationships.</p> <p><input type="checkbox"/> Yes. List lessons/activities.</p>	<p><b>Compliant:</b> <input checked="" type="checkbox"/></p> <p>Needs minor adaptations: <input type="checkbox"/></p> <p>Needs major adaptations: <input type="checkbox"/></p> <p>Comments/Notes:</p>

End of CAT

ADDITIONAL RECOMMENDATIONS OR COMMENTS: